

Breakfast Buffet Menu

(Items from the following)

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Assorted Fruit Juices
(Orange, Apple & Cranberry)

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Assorted Cereals, Granola & Muesli's
Dried Cranberries, Dried Apricots, Dried Figs
Honey Dipped Banana Chips, Sultanas, Currants & Raisins, Dried Pitted Dates
Dried Dates, Assorted Nut & Fruits
Omega Seed Mix - (Pumpkin, Sunflower Kernels, Linseed & Hulled Sesame Seeds)
Porridge ([on request](#))

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Fruit Bowl (apples, pears, banana's, grapes, satsuma's etc.)
Assorted Chilled Melon (Honeydew, Cantaloupe, Galia and Water etc.)
Peaches, Pears, Prunes in Syrup
Mandarins, Apricots, Mango's in light syrup
Grapefruit Segments in Syrup
Assorted Fresh Fruit, Strawberries, Raspberries, Blueberries, Blackberries, Kiwi, Pineapple
(seasonal)
Fruit Compote (Raspberries, Blackcurrants, Blackberries, Strawberries & Redcurrants)
Assorted Fruit Yoghurts & Natural Greek Yoghurt with Honey

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Traditional Cumberland Ham
Continental Meats (Salami, Garlic Sausage
Chorizo, Smoked Ham, Peppered Salami, German Sausage, Peppered Beef etc.)
Fresh Poached Salmon, Hard Boiled Eggs
Assorted Cheeses & Cherry Tomatoes

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Croissants (Freshly Baked), Assorted Muffins (V), Pancakes (V), Crumpets (V) & Waffles (V)
White Bloomer, Malted Bloomer, Farmhouse Grain, Farmhouse White & Sliced White (V)
Jams, Marmalade, Honey & Spreads

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Assorted Teas (Darjeeling, Peppermint, Earl Grey, Breakfast, Fruit etc)
Coffees (from Regular to Cappuccino)