

## Breakfast Box (Temporary, during Covid 19) till Oct 21

Items from the following:

Fruit Juice, Assorted Cereals, Milk, Fresh Fruit, Yoghurt, Granola Bar,  
Pastry, Muffin & Hot Breakfast Wrap

### Breakfast Buffet Menu (unavailable temporarily)

(Items from the following)

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Assorted Fruit Juices  
(Orange, Apple or Cranberry)  
Fruit Smoothie

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Assorted Cereals, Granola & Muesli  
Dried Cranberries, Dried Apricots, Dried Figs  
Honey Dipped Banana Chips, Sultanas, Currants & Raisins, Dried Pitted Dates  
Dried Cranberries, Dried Dates, Assorted Nut & Fruits  
Omega Seed Mix - (Pumpkin, Sunflower Kernels, Linseed & Hulled Sesame Seeds)  
Porridge (on request)

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Fruit Bowl (apples, pears, banana's, grapes, kiwi, satsuma's etc)  
Assorted Chilled Melon (Honeydew, Cantaloupe, Galia and Water etc.)  
Peaches, Pears, Prunes in Syrup  
Mandarins, Apricots, Mango's in light syrup  
Grapefruit Segments in Syrup  
Assorted Fresh Fruit, Strawberries, Raspberries, Blueberries, Blackberries, Pineapple (seasonal)  
Fruit Compote (Raspberries, Blackcurrants, Blackberries, Strawberries & Redcurrants)  
Assorted Fruit Yoghurts & Natural Greek Yoghurt with Honey

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Traditional Cumberland Ham  
Continental Meats (Salami, Garlic Sausage  
Chorizo, Smoked Ham, Peppered Salami, German Sausage etc.)  
Fresh Poached Salmon, Hard Boiled Eggs  
Assorted Cheeses & Cherry Tomatoes

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Plain Croissants (Hot), Assorted Muffins, Pancakes & Crumpets  
Assorted Waffles (Butter & Cinnamon)  
White Bloomer, Malted Bloomer, Farmhouse Grain, Farmhouse White & Sliced White  
Jams, Marmalade, Honey & Spreads

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Assorted Teas (Darjeeling, Assam, Earl Grey, Breakfast, Fruit etc)  
Coffees (from Regular to Cappuccino)