

Breakfast Buffet Menu

(Items from the following)

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Assorted Fruit Juices
(Orange, Apple, Cranberry, Grapefruit & Pineapple)

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Assorted Cereals & Muesli
Dried Cranberries, Dried Apricots
Honey Dipped Banana Chips, Sultanas, Currants & Raisins, Dried Pitted Dates
Dried Cranberries, Dried Dates, Assorted Nut & Fruits
Omega Seed Mix - (Pumpkin, Sunflower Kernels, Linseed & Hulled Sesame Seeds)

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Fruit Bowl
Assorted Chilled Melon (Honeydew, Cantaloupe, Galia etc.
Peaches, Pears, Prunes in Syrup
Mandarins, Apricots, Mango's in light syrup
Grapefruit Segments in Syrup
Assorted Fresh Fruit (seasonal)
Fruit Compote (Raspberries, Blackcurrants, Blackberries, Strawberries & Redcurrants)
Assorted Fruit Yoghurts & Natural Greek Yoghurt with Honey

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Traditional Cumberland Ham
Continental Meats (Salami, Chorizo, Smoked Ham, Peppered Salami, German Sausage etc.)
Fresh Poached Salmon, Hard Boiled Eggs
Assorted Cheeses & Cherry Tomatoes

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Assorted Croissants & Muffins
Toast, Granary Bloomer, Crumpets, Jams, Marmalade, Honey & Spreads

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Assorted Teas (Darjeeling, Assam, Earl Grey, Breakfast, Fruit etc)
Coffees (from Regular to Cappuccino)

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Daily Specials (Porridge etc)